



*A Consortium of Residential Camps and Services for Children with Chronic Health Conditions*  
**Have Fun—Be Wise—Live Well**

# For Young Adults Transitioning to Adulthood

July 26 – 30, 2020

**CAMP  
NEXT  
STEP** 



- Next Step is a 5-day/4-night camp for 18- 30-year-olds needing assistance in the transition to adulthood
- Participants learn health management and daily living skills and are helped to determine future goals
- Next steppers are paired with others to assist them with their healthcare and personal needs, gaining experience in helping others
- A support network of peers is created
- Campers participate in a wide range of fun and challenging activities:

Arts & crafts	Campfire/Campfire songs	Hiking	Rockwall
Archery	Outdoor education	Acting	Zip Line
Soccer	Creative Writing	Basketball	Dance
Kickball	Handball	Volleyball	
Baseball	Music	Yoga	
- The cost of camp is \$780 which includes a \$200 non-refundable registration fee
- Need-based scholarships are available and payment plans can be arranged.
- The campsite is located at Blue Ridge School in St. George, VA

**For more information, please call us at 202.476.3181 or 202.476.5142**

**To register online, go to our website: [www.brainycamps.com](http://www.brainycamps.com)**



111 Michigan Avenue, NW  
Washington, DC 20010  
202-476-5142 /202-476-3181

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